



Growkit.com Regular Mushrooms Instructions

This guide is specifically for the Growkit.com Regular Mushrooms and is not suitable for other brands or types of growkits. You can always find the correct instructions on our website under the corresponding product.

What You Need for Your Growkit

You will need:

- A spray bottle
- Clean tap or bottled water
- A light place for the growkit (no direct sunlight)

Optional:

- Hygrometer / thermometer to monitor humidity and temperature
- A mushroom heating mat for optimal growing conditions

Important: Always work sterile! Wash your hands thoroughly and use clean materials to prevent contamination.

Step 1: Prepare the Growkit

1. Wash your hands thoroughly.
2. Clean the outside of the growkit with a dry cloth.
3. Remove the lid and keep it for later.

Step 2: Soak the Growkit

1. Fill the growkit with lukewarm water (about 20°C) up to the edge.
2. Put the lid back on the growkit.
3. Let the growkit soak for 5 to 10 minutes.
4. Remove the lid and pour out all the water from the growkit.
5. Allow the growkit to drain for 10 seconds.

Step 3: Place the Growkit in the Grow Bag

1. Fill the grow bag with 200-250 ml of lukewarm water (about 20°C).
2. Place the growkit inside the grow bag.
3. Fold the top of the bag closed and seal it with the provided paper clips.

Step 4: Growing Period

1. Place the growkit in a room with a temperature between 20-25°C.
2. Ensure the growkit is not in direct sunlight, under a lamp, or near a heat source.
3. Keep the bag closed until you see the first pinheads (small mushrooms). This usually takes 10 to 20 days. High humidity and CO2 levels are essential during this period.

Step 5: Airing and Moisturizing

1. Open the bag 1 to 3 times daily to refresh the air.
2. Moisten the growkit once daily using a spray bottle.

Step 6: Harvesting

1. Always work sterile before harvesting. Wash your hands and use clean materials.
2. Harvest the mushrooms just before the veil under the cap breaks.
3. Hold the stem, gently twist left and right, and pull the mushroom completely out of the kit.

Step 7: Next Harvest

1. Congratulations on your harvest!
2. For a new harvest, repeat steps 4 through 7.

Extra Tips and Tricks

Hygienic Work

Hygiene is very important when growing mushrooms. Wash your hands and forearms thoroughly with soap, then use disinfectant gel, and wear sterile gloves. A face mask can provide extra protection. Always keep the environment around your growkit clean to prevent contamination.

Ready to Trip?

Don't forget that you can always find a handy dosage calculator on our website under the corresponding product. This ensures you get the right dosage for the specific mushrooms you're growing, helping you prepare for your next adventure!